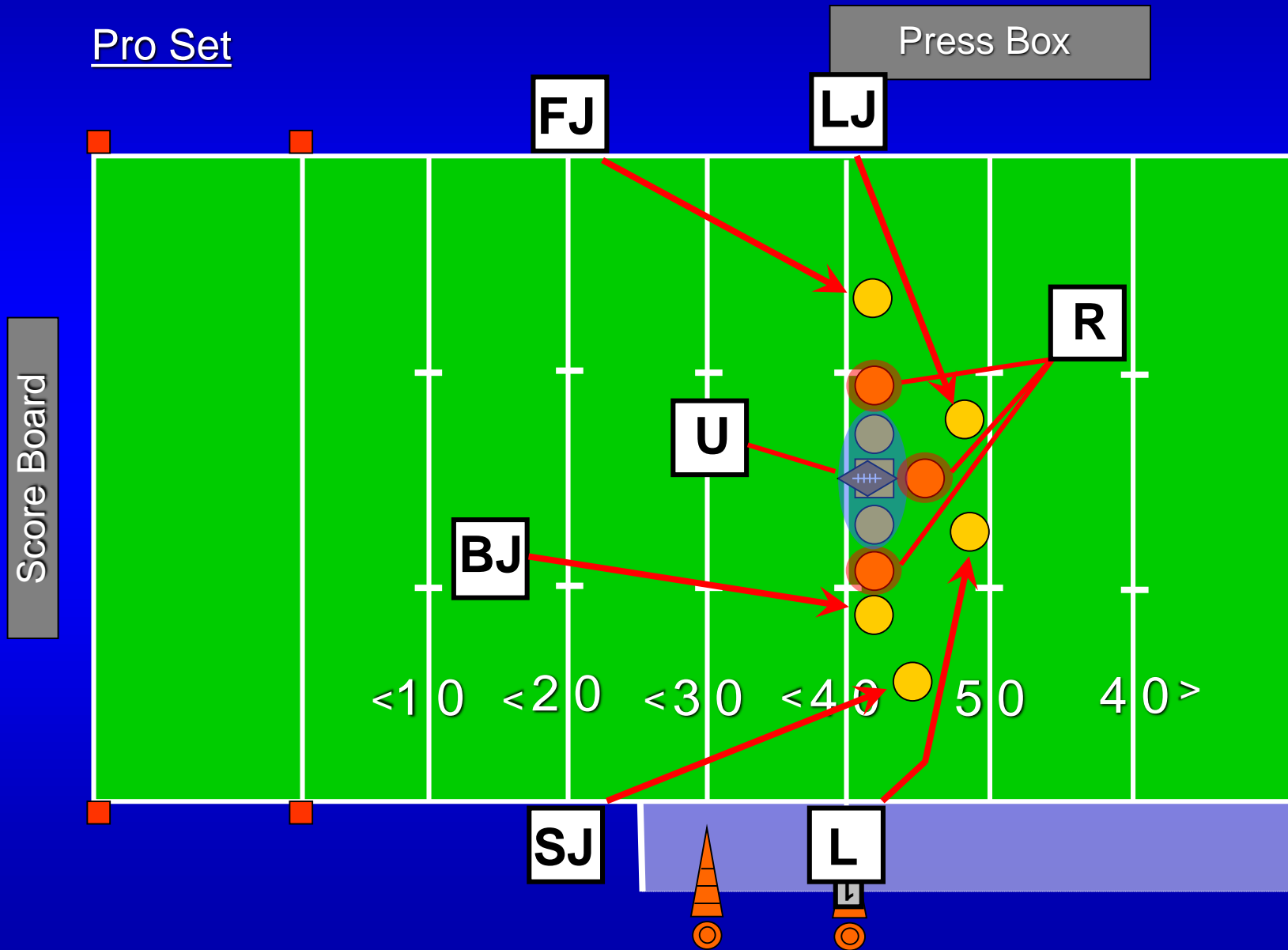


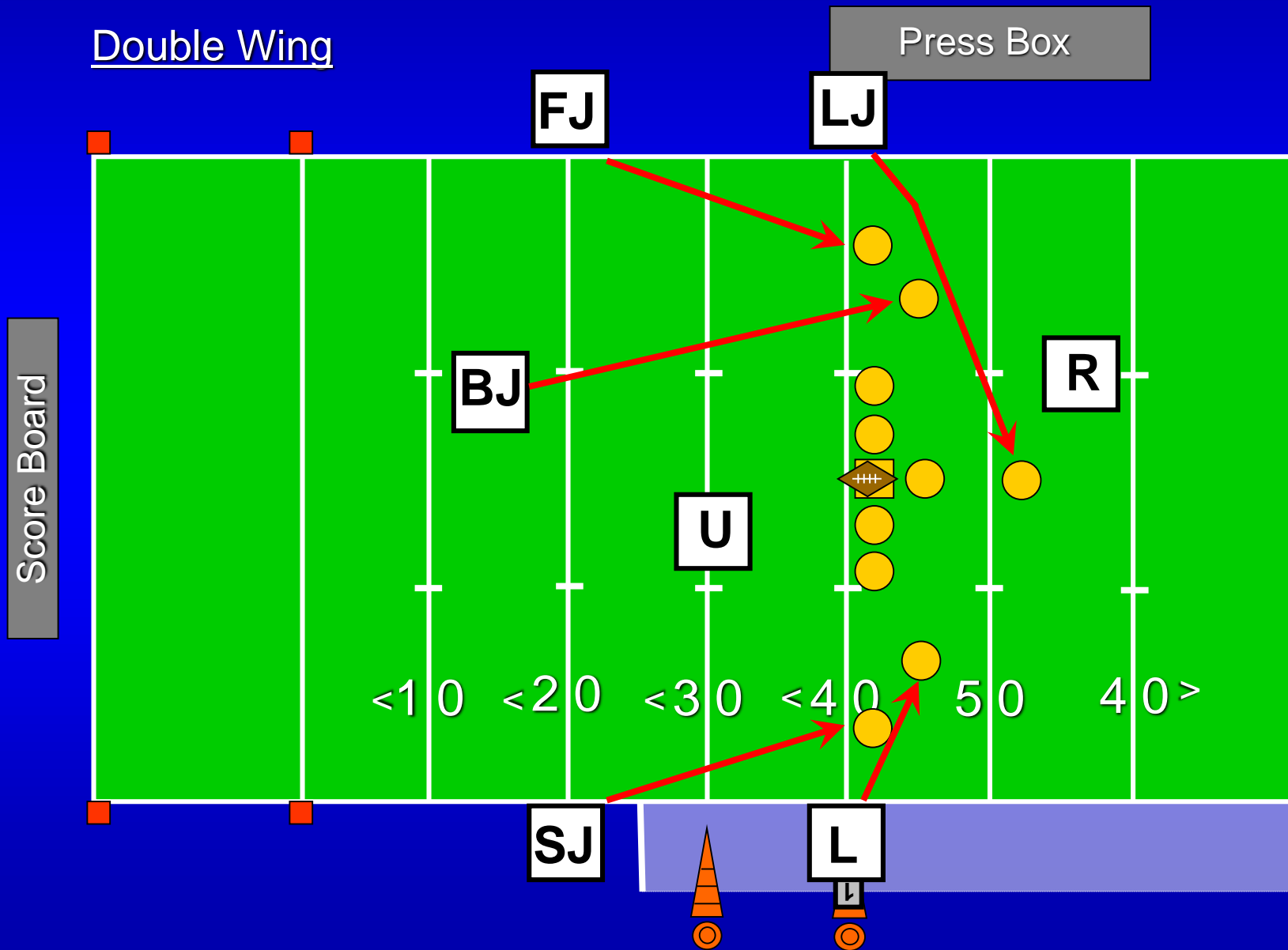


7 Person Mechanics
Adapted from
Tennessee Secondary School
Athletic Association

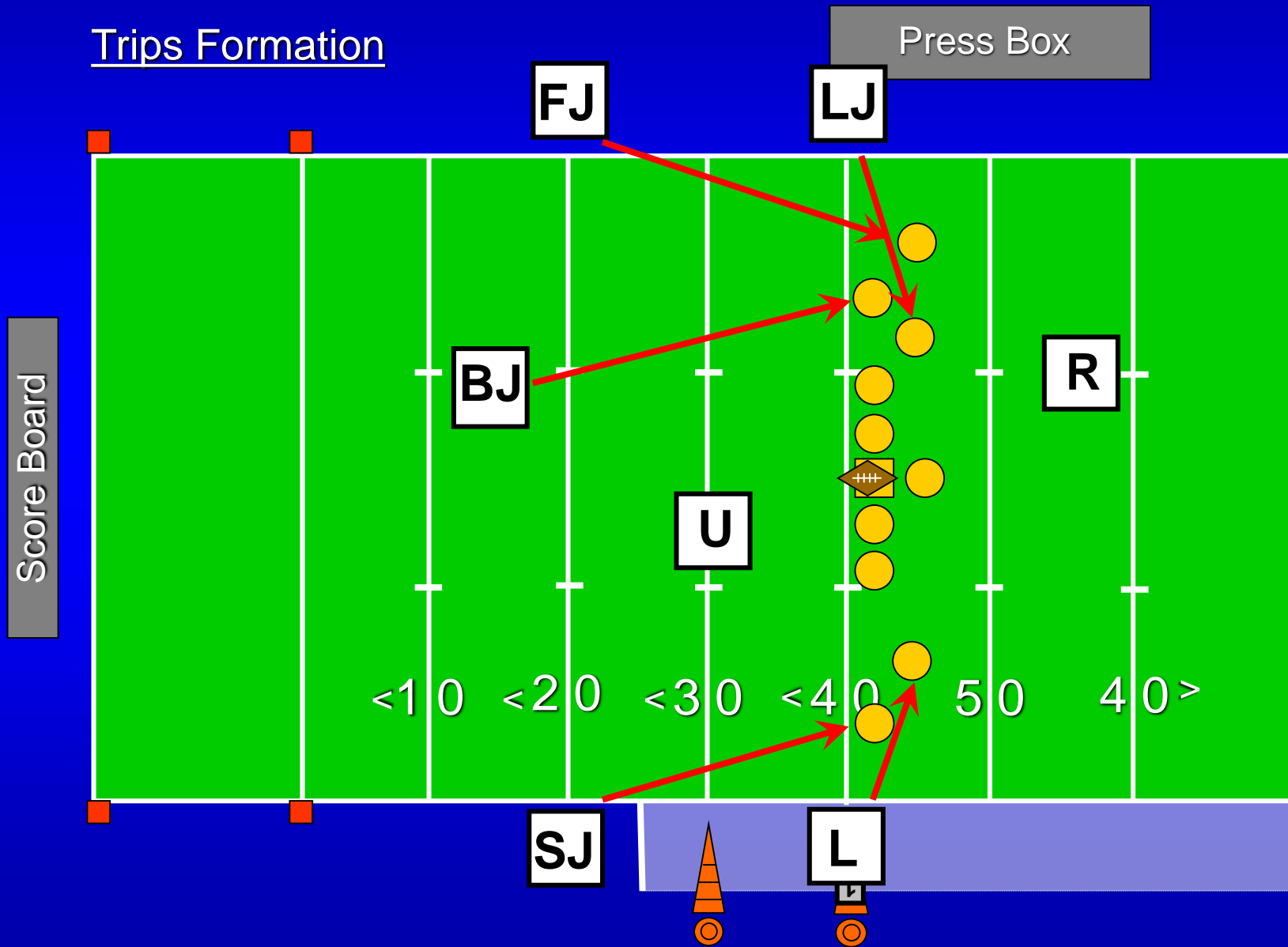
Initial Keys



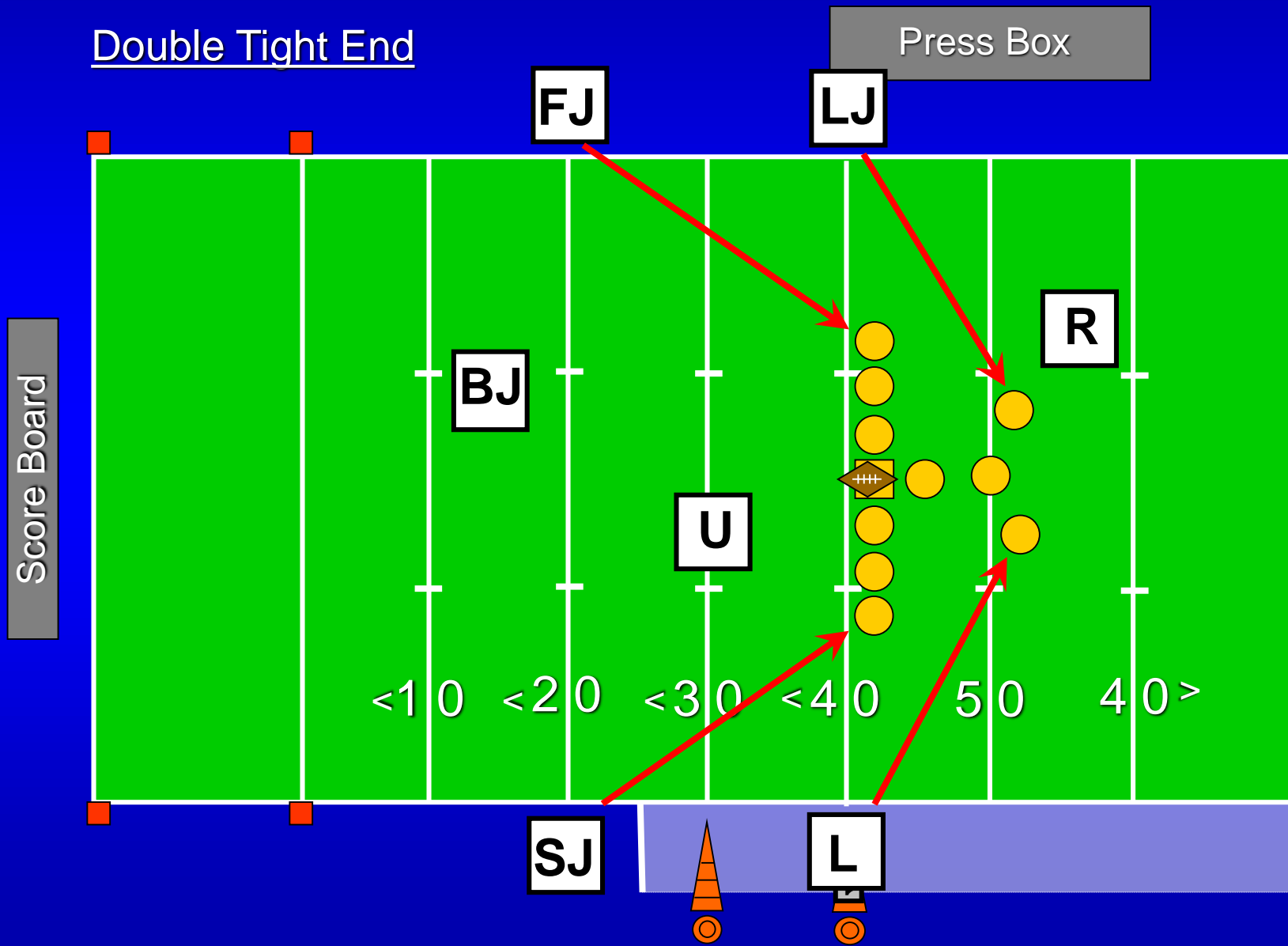
Initial Keys



Initial Keys



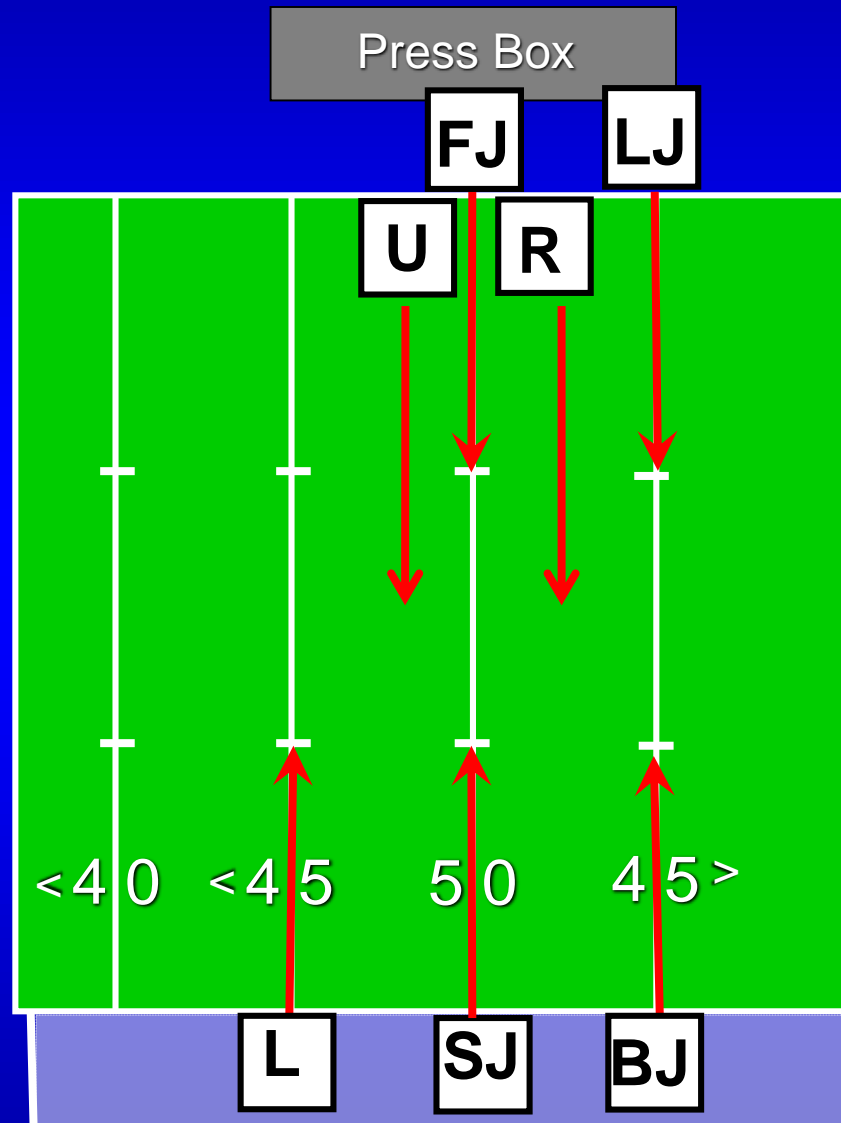
Initial Keys



Coin Toss-7 Man

Score Board

Proper
Positioning

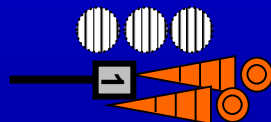
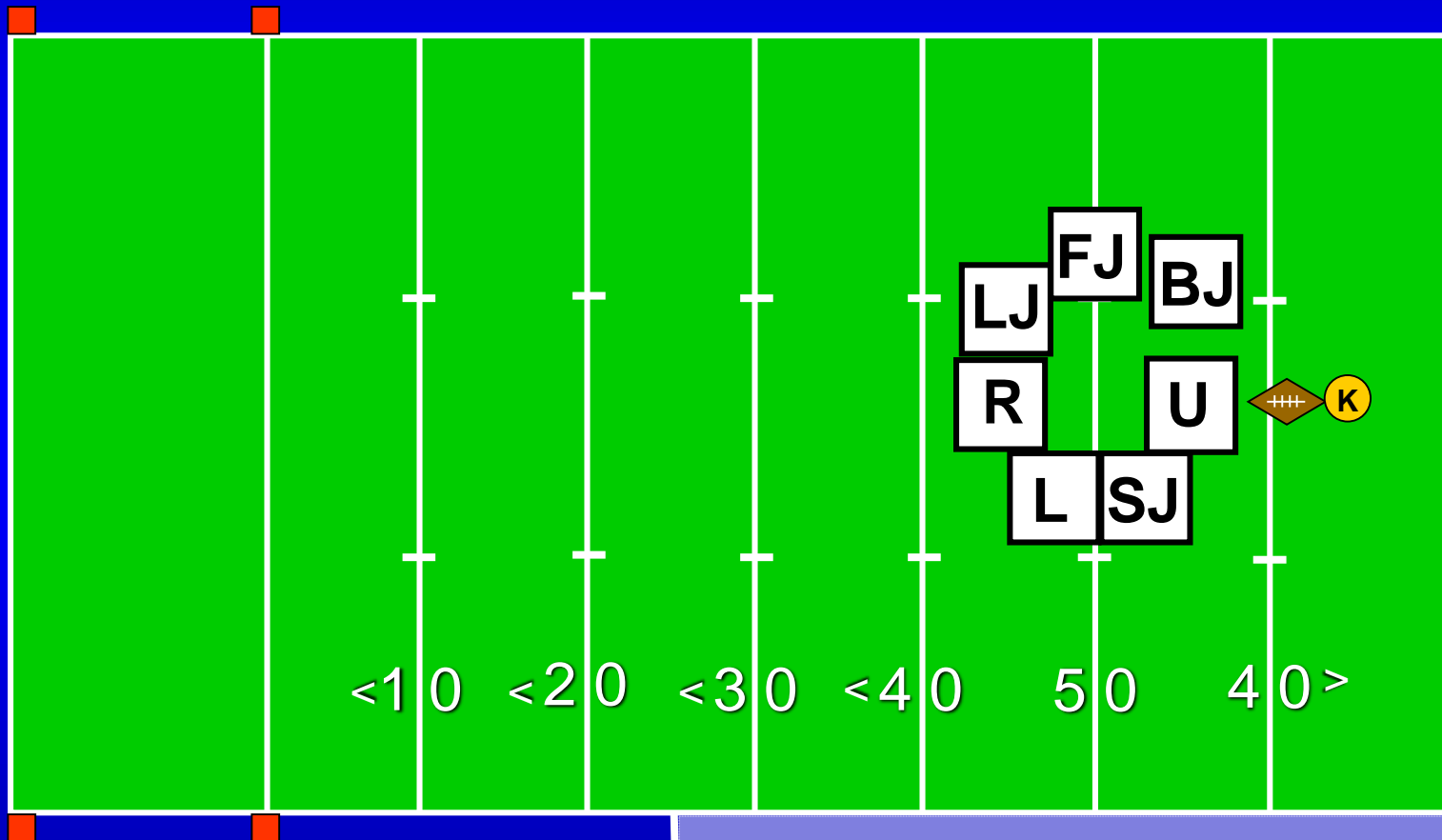


After Coin Toss To KO-7 Man

Proper Positioning

Press Box

Score Board



Kick Off-7 Man

Proper Positioning

Press Box

Score Board

LJ

FJ

BJ

R

Count R

Count K

K

L

SJ

U

<10

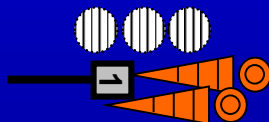
<20

<30

<40

50

40>



Onside Kick – Six In The Box

Referee to Determine When to Go to Six in the Box

Proper Positioning

LJ

Press Box

FJ



BJ

Score Board

R

Did Either Team
Touch The Ball?

Did The Ball
Go 10 yards?

Did The Ball
Hit The Ground?

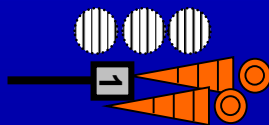


<10 <20 <30 <40 50 40>

L

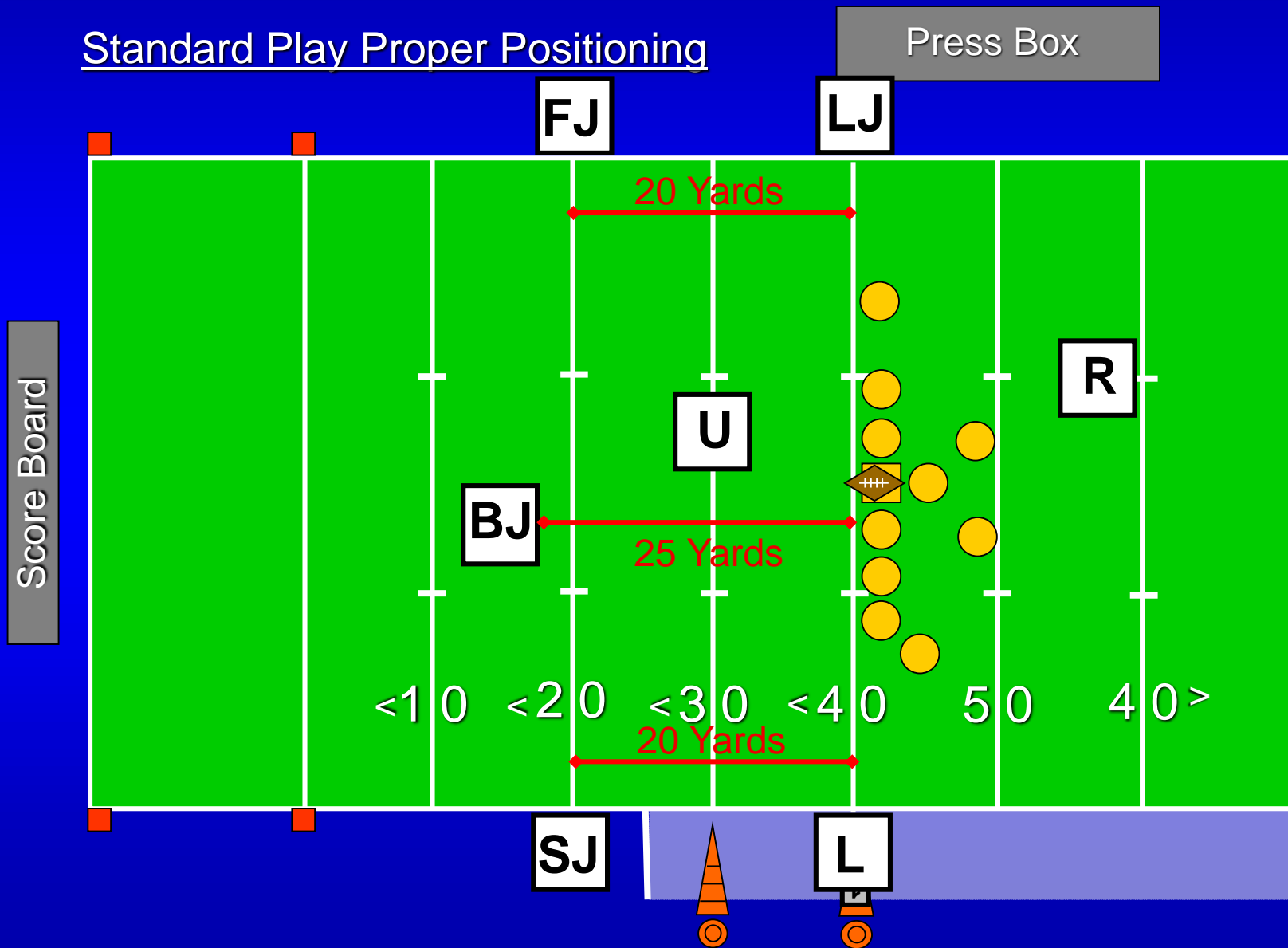
SJ

U

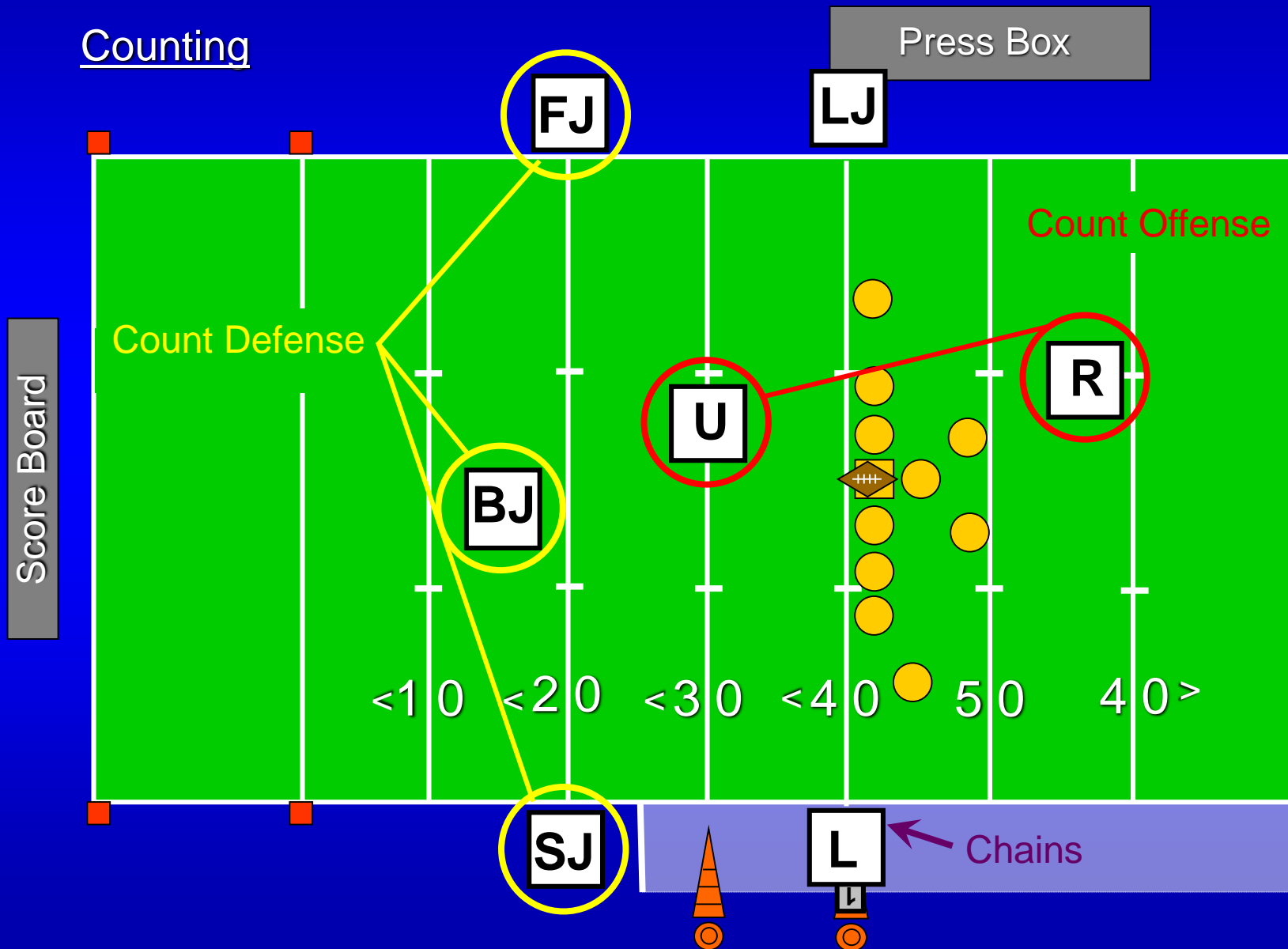


Standard Play

Standard Play Proper Positioning

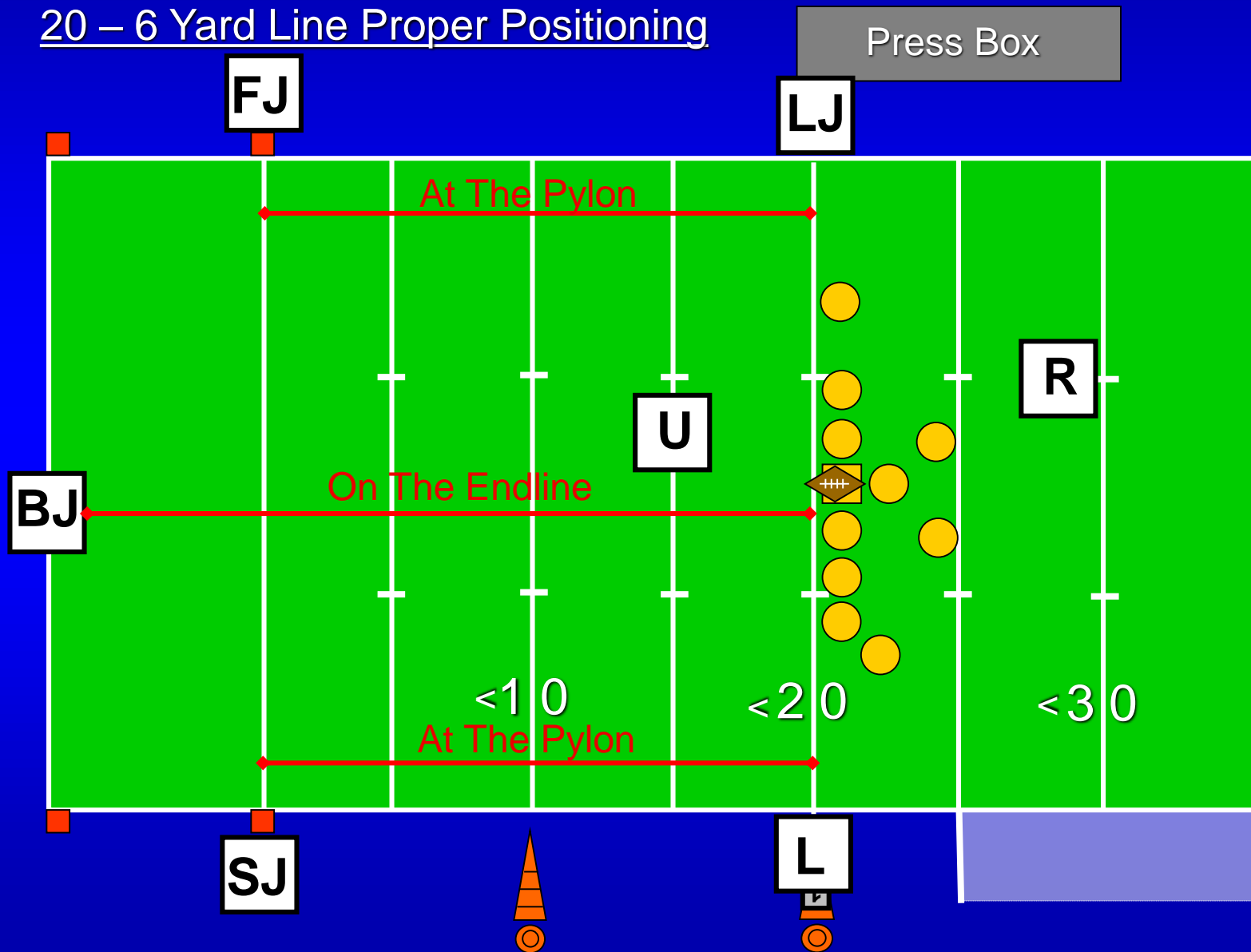


Pre-Snap Duties

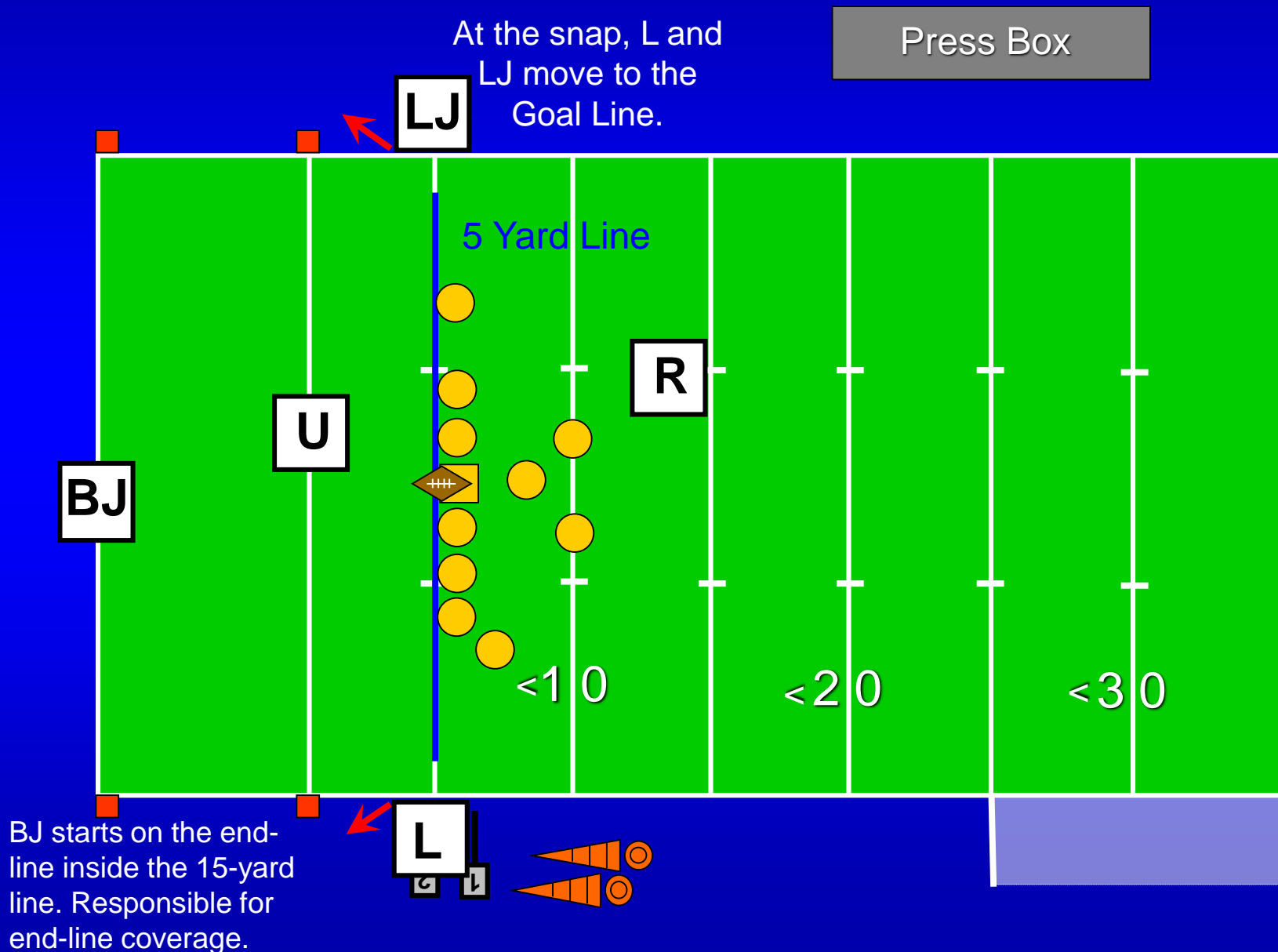


Inside The 20 Yard Line

20 – 6 Yard Line Proper Positioning

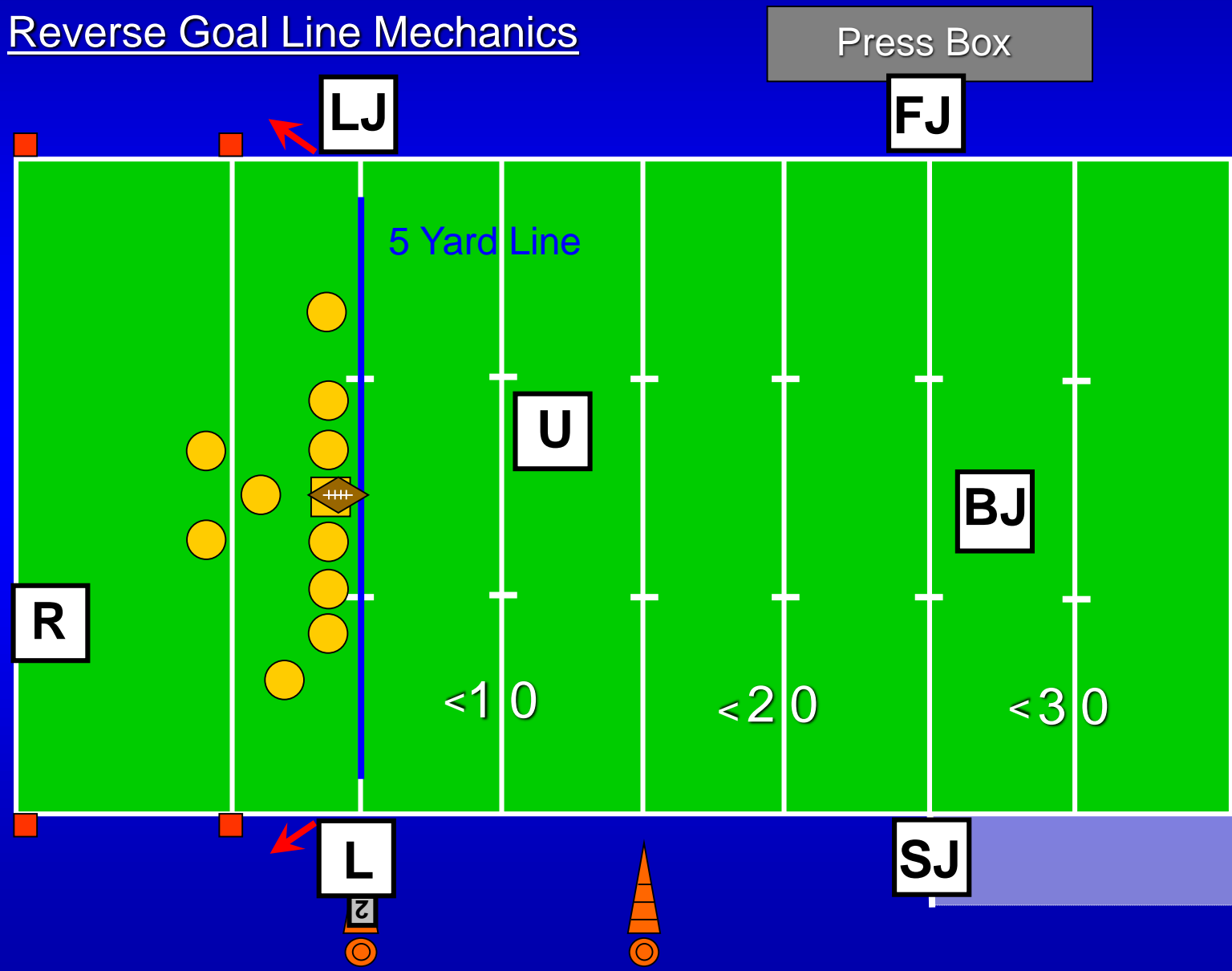


Approaching The Goal Line



Reverse Goal Line Mechanics

Reverse Goal Line Mechanics

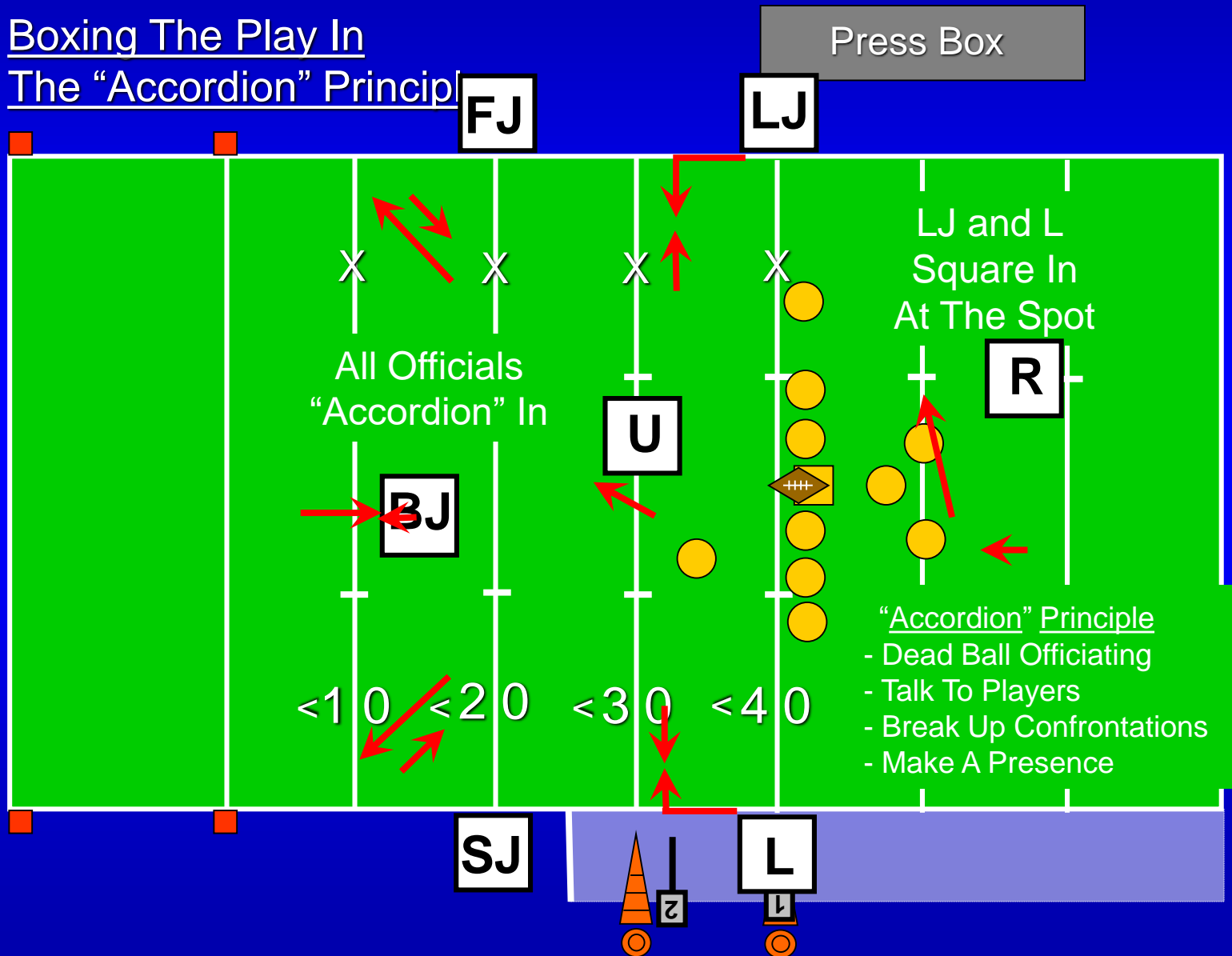


Collapsing Box Coverage

Boxing The Play In

The "Accordion" Principle

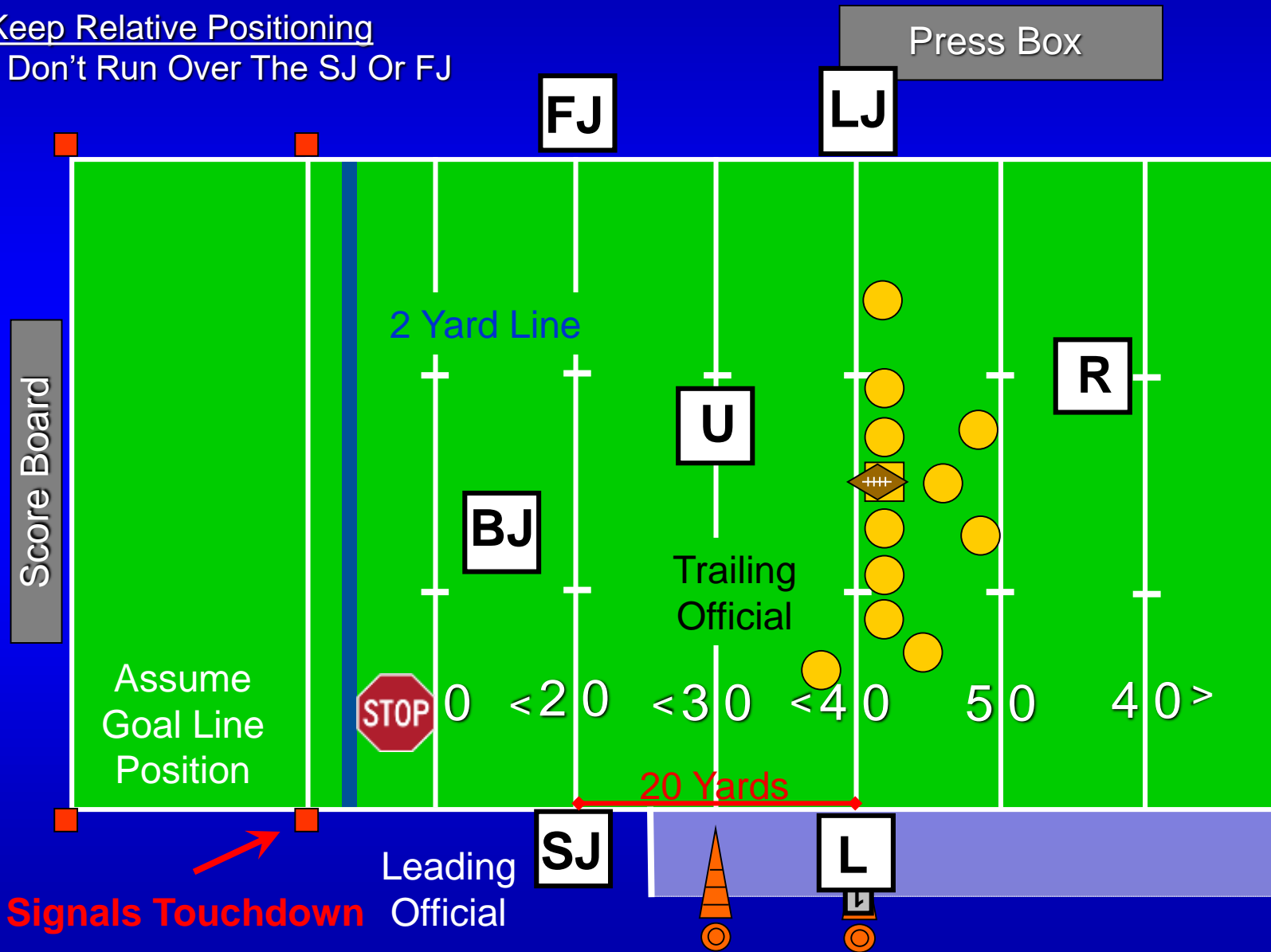
Score Board



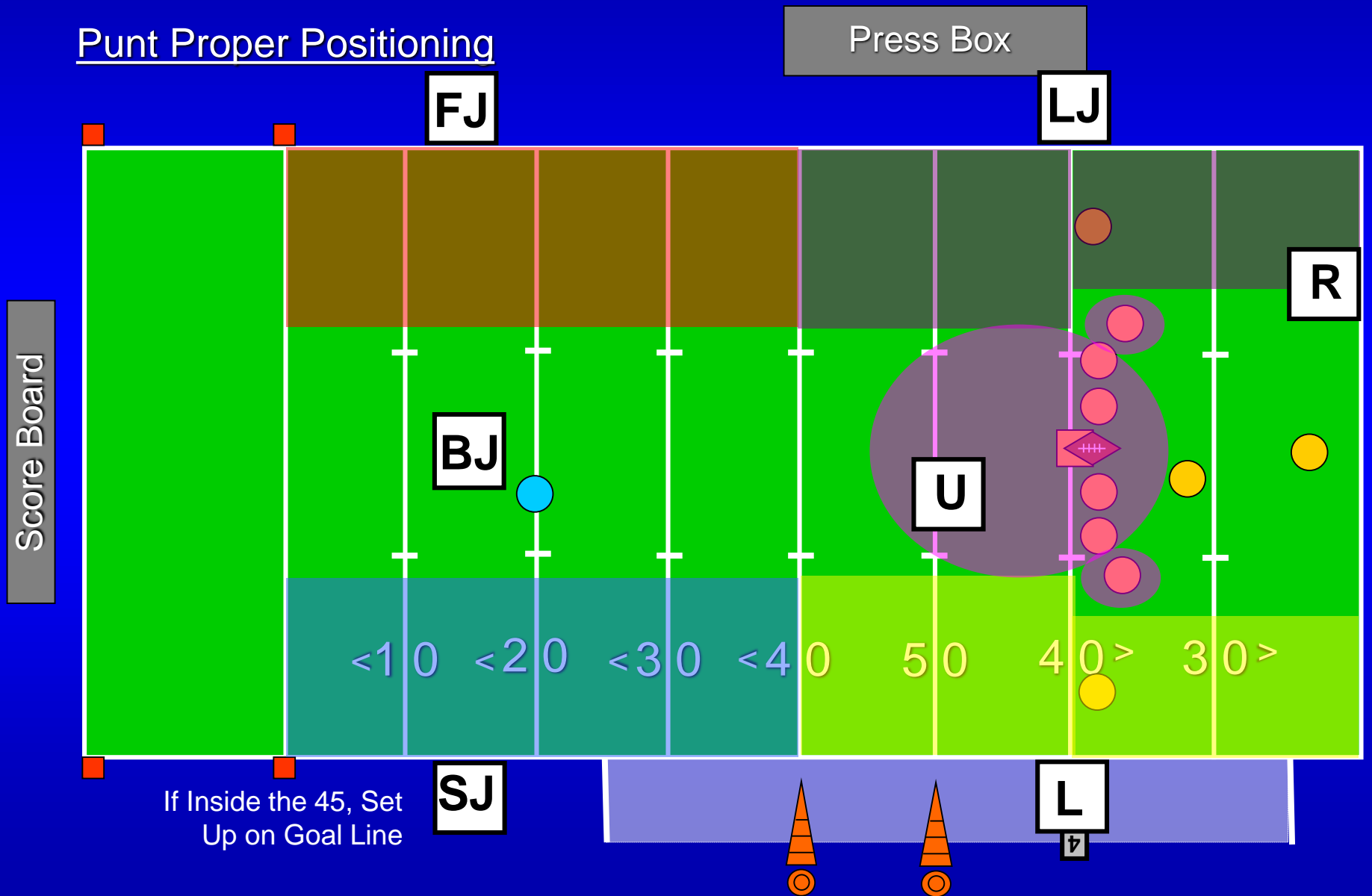
Long Run Down Sideline

Keep Relative Positioning

- Don't Run Over The SJ Or FJ



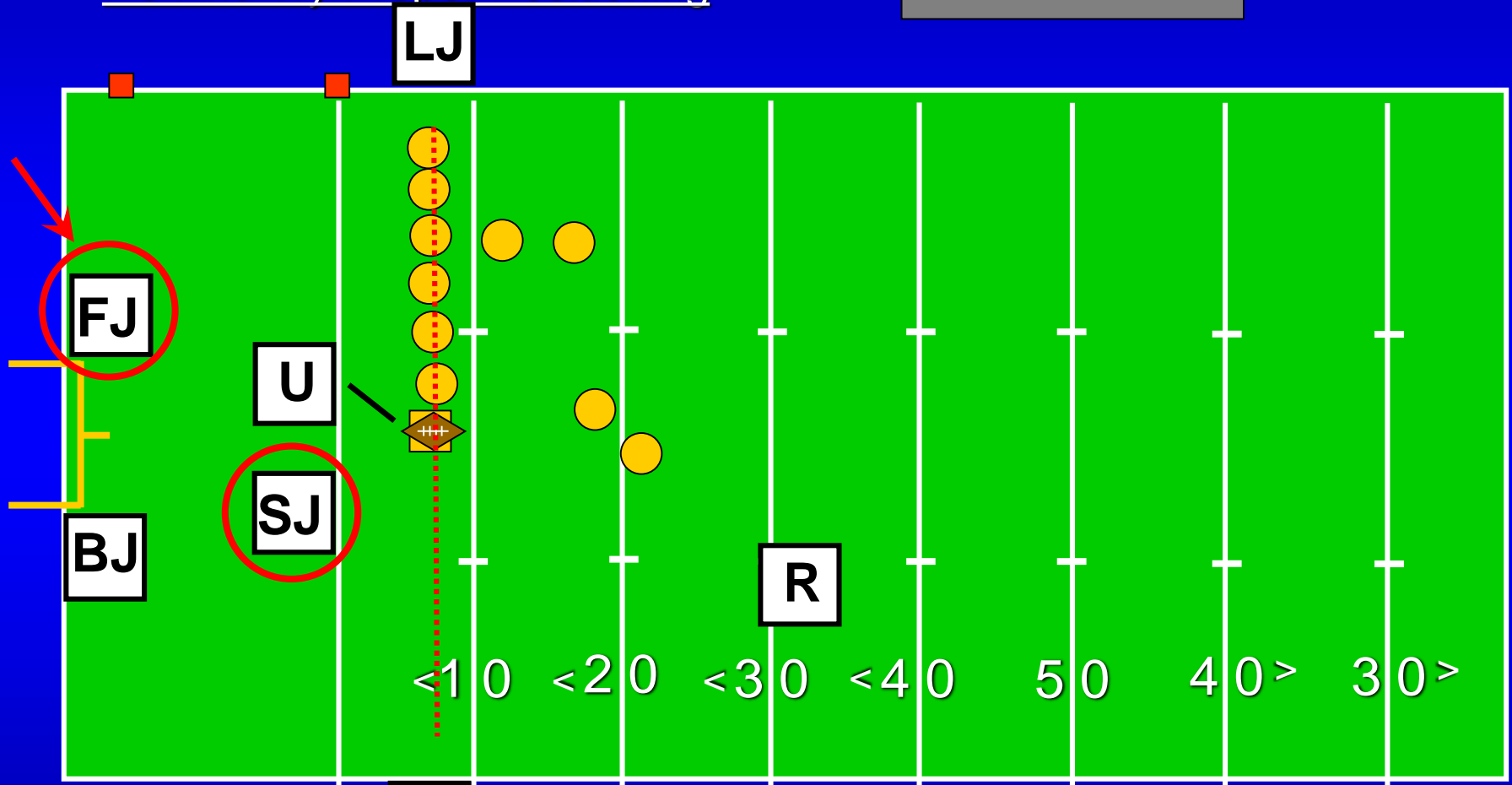
Punt Mechanics



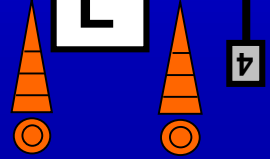
Swinging Gate Mechanics- 7 Man

FG And Try Proper Positioning

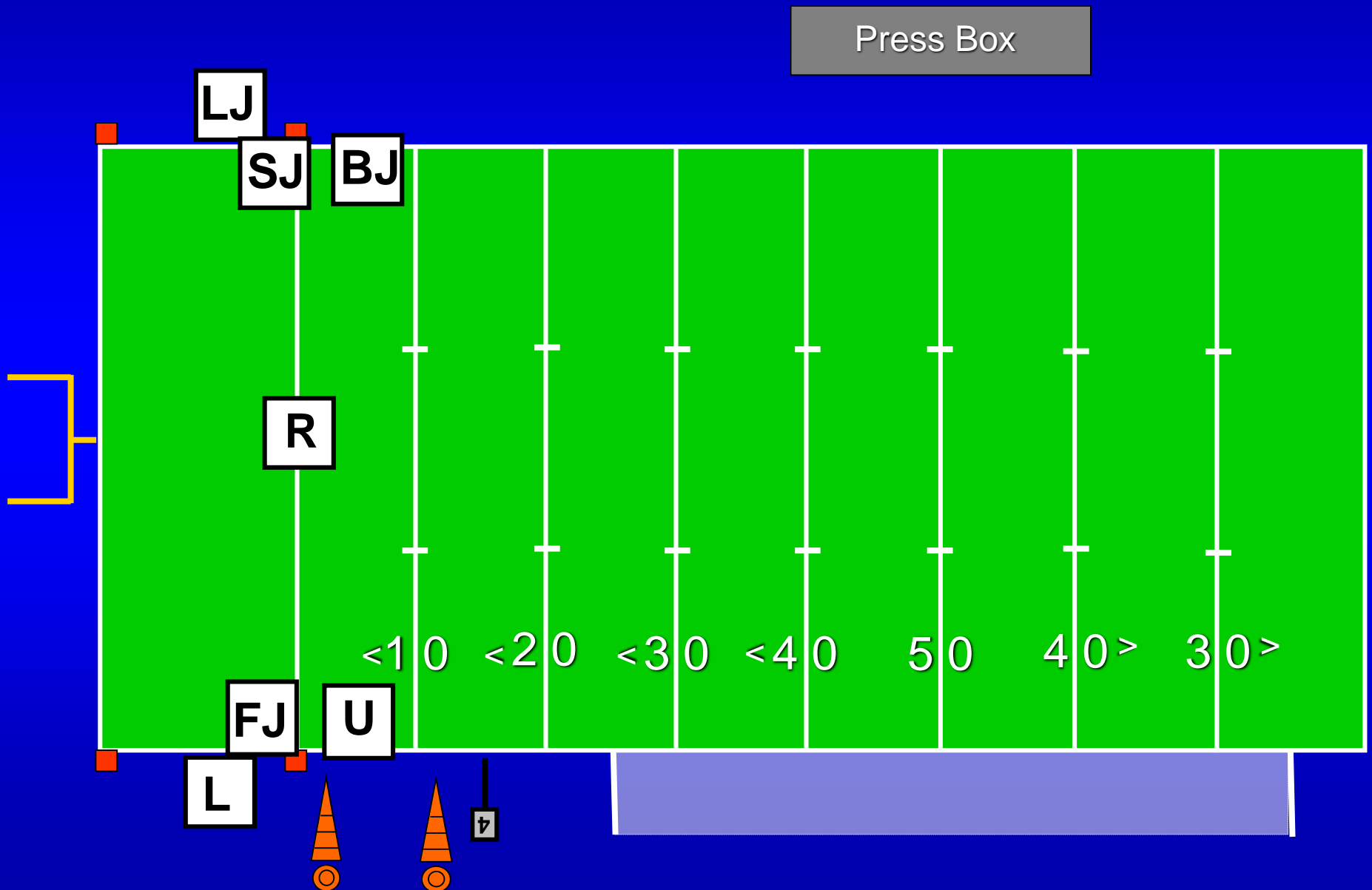
Press Box



If Blocked or Faked Outside the 25, FJ and BJ move to Pylons on the goal line.



After Try for Point Mechanics- 7 Man



Measurement Mechanics- 7 Man

Press Box

FJ

Field Judge
Clears Players Away
And Secures A New Ball
If Appropriate



FJ

R

BJ

LJ



U

L

40 >

30 >

20 >

10 >

SJ

Side Judge
Takes Charge
Of The Box

SJ

2

2

L

2